# SUNDAY, JUNE 21, 2015 SUNDAY, JUNE 21, 2015



## A walk in the park? Try yoga or zumba too!

BY RIKKI CASON

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LOCKPORT — Summer can keeping many running nonstop through Labor Day.

For adults, the coming Independent Health. months present a special chalphysical fitness routines.

year in Lockport, the program

is free and open to all.

Darcee Hughes, aquatics and wellness director, said with Lockport's YMCA's be a busy time for families, merger with the Buffalo Niagwith the children out of school ara YMCA, they were able to and their increased activities provide the program at Nelson C. Goehle Marina at Widewaters last summer, through

Independent Health started lenge to keep up with their the program as a way to encourage people to stay on The Lockport Family YMCA track in the summer when - and all YMCA's throughout they are busy doing other the region — are helping with things. Hughes said it was that once again by offering Fit- designed to keep people "movness in the Park. In its second ing, to stay active and healthy See PARK, Page 2C

Participants enjoy yoga along the Erie Canal in Lockport during last year's Fitness in the Park.



**FATHERS DAY TODAY** JIMMY LYDON REMEMBERS...

Life with HATHER'

BY NICK THOMAS

It wouldn't be Father's Day without Turner Classic Movies' annual parade of patriarch-themed classic films. One of the most popular is 1947's "Life with Father," based on a book of humorous stories written by Clarence Day, Jr., a decade before the film.

Produced by Warner Bros., and directed by Michael Curtiz, "Life with Father" stars William Powell who is

widely remembered for portraying the witty, charming, and sophisticated ex-detective Nick Charles in six Thin Man films with Myrna Loy. He was enormously popular with movie audiences during his 30 year career, being nominated for three Best Actor Oscars.

While Powell plays Clar

ence Day, Jimmy Lydon appears as Clarence Day, Jr., the oldest of his four sons. Lydon,

for four and a half months on that picture. Mr. Warner wanted to spend all the money in the world on it and take his time to produce a prestige piece. He paid a million dollars just for the rights to the story."

66 We worked

Jimmy Lydon, who plays Clarence Day Jr.

who turned 92 on May 30, appeared in numerous movie and TV roles and has fond memories of "Life with Father."

'We worked for four and a half months on that picture," he recalled from his home near San Diego. "Mr. Warner wanted to spend all the money in the world on it and take his time to produce a prestige piece. He paid a million dollars just for the rights to the story."

The movie was filmed in expensive 3-strip Technicolor, a process that See FATHERS, Page 2C

# Sweet talk

Children with speech issues are invited to attend UB's Articulation Boot Camp

BY ANGELICA A. MORRISON Features@niagara-gazette.com

William

Powell

**Dunn** in

Life with

Father,"

Lydon who

the movie,

memories of

of the classic

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Father's

Day film.

CONTRIBUTED PH0T0

has fond

costarred in

1947. Jimmy

and Irene

be taking on the role of to watch them change."

drill sargent. disorder.

"I just like their energy. I like preparing for it. I like to make things fun BUFFALO – This sum- for them," said Kellsie mer several graduate Nolan of Lockport one of students from across the the students who will be region, including Niagara working with the children County, will be taking on this summer. "You can see a special mission. They'll their growth. It's exciting

Dr. Susan Felsenfeld, The University at Buf- associate professor at the falo Speech Language clinic, says an articulation and Hearing Clinic will disorder is when children be hosting an Articula- erroneously articulate a tion Boot Camp where small number of speech students will be fully sounds such as "r, l or engaged in helping chil- s." The errors in articu-



dren overcome their chal- lation are usually com- Graduate students Jennifer Andrews of Lewiston, left, and Kellsie Nolan of Lockport, right, lenges with articulation mon in younger children prepare for Articulation Boot Camp with a young student. The camp is being held at the See TALK, Page 2C university in July.



**INSIDE** THIS DISH JUST **TAKES THE CAKE** PAGE 4C

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GNNEWSPAPER.COM

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required three bulky cameras.

"The cameras were huge, about the size of three giant suitcases," explained Lydon. "Before each shot, the cameraman had to open each one and check to make sure there were no hairs or dust on the lens. It was very distracting."

Despite the filming difficulties and working with four young, energetic boys, Lydon says Powell was patient and professional.

"We had a father and son 'birds and the bees' scene together. Bill had about two pages of long dialogue in which he explained everything about girls - everything, that is, but sex! I had just one line in the middle of his long monologue. But with all the camera distractions, every time Bill would get through two-thirds of his long speech, I'd mess up my lines and I could see the bile rising up in Mike Curtiz's face."

Powell, however, was understanding. "He said 'Listen Jim. All actors have times like this in their lives, and this was your day.' He was just so gracious about the whole thing. So we wrote my lines on a piece of black cardboard with chalk, and finally shot the scene."

If director Curtiz was seeing red during filming, it may not have entirely been due to anger. All members of the real Day family were redheads.

"I was the only natural redhead in the cast," said Lydon. "We were all sent to Westmore Salon on Sunset Boulevard every second Sunday to get our hair dyed, including me! Kind of odd to have a red-haired kid dye his hair red, but it had to do with the lighting and cameras, and everyone had to have the same shade of red hair."

"Life with Father" also starred Irene Dunne in her only color feature film.

According to Lydon, she was not as easygoing as Powell. "I'd rehearse a scene with her and she was very professional, but I found her to be a cold, distant woman. I couldn't see anything there – she showed no emotion.'

He reversed his opinion when viewing the daily rushes.

"She was absolute magic – it was all there, up on the screen. She had the most marvelous motion picture technique. She knew what to do with just the wink of an eye or the touch of a hand, things I didn't notice when we were doing the scene. She had the technique like no other woman I have ever worked with."

Lydon also remembers Powell's wife, Diana Lewis, visiting the set.

"He called her Mousie and she was the most beautiful girl you ever saw in your life. We were all fascinated by her and we thought the marriage wouldn't last because she was so much younger than him. But she was with him for the rest of his life."

Powell died 30 years after making his final film, "Mister Roberts," which was released 60 years ago

"Life with Father" will be broadcast on TCM today and features Elizabeth Taylor, Edmund Gwenn, Zasu Pitts and Martin Milner in addition to Lydon, Dunne and William Powell.

"He was just a delight to work with," adds Lydon, "a very easy going and a wonderful gentleman.'

Nick Thomas teaches at Auburn University at Montgomery, Ala., and has written features, columns, and interviews for over 600 magazines and newspapers.

92

98

model

e.q.

96 Get ready

105 Engrave

109 Colonial

111 "Mighty

P&G

117 Back talk

107 Asian sash

110 McGwire rival

Aphrodite"

Oscar winner

toothpaste

"Crossword

Clues 'M,'

119 Plan for losing

1995-2001

'SNL" regular

diplomat Silas



**CONTRIBUTED PHOTOS** 

Participants enjoy yoga along the Erie Canal during last year's Fitness in the Park.

**LIFESTYLE** 

**CONTINUED FROM PAGE 1C** 

and to keep on their exercise

goals." Hughes said the program attracted as many as 30 to 35

people for a class. "We had people going for a walk who ended up joining

the class," she said. For this year, the program has expanded once more, being offered at two locations in Lockport: Widewaters and

Day Road Park. The program will start this yoga, instructed by Tammy Holzman. Wednesdays will be boot camp with Jeannine Mullet, also at Widewaters.

Tuesday and Thursday classes will take place at Day Road Park. Zumba will take

Monday at Widewaters with kids will be held Thursdays, year, many of the partici- in Lewiston, Tonawanda, and both instructed by Amanda Vincek.

year's Fitness in the Park.

All classes start at 6 p.m. and last one hour. Classes will continue weekly through

place Tuesdays and Zumba age limit, adding that last able. Independent Health will Cason at 439-9222, ext. 6252.

pants would bring their children with them to join in the classes.

For classes such as yoga, and search "programs" for those without mats, or those who simply happen upon the Hughes said there is no class, there will be mats avail-

also provide water for participants who do not bring their own.

Extra staff are also on scene during the classes, to assist in signing people in. No preregistration is required. Hughes said there is no limit to how many people can participate, so if there is a large number of people in attendance, a second staff person can help lead the class.

"We want everyone moving and having fun," Hughes said. "Come out and try it."

Similar Fitness in the Park classes are also being offered throughout the region. For more information vist www. ymcabuffaloniagara.org

"health and well being"

Contact reporter Rikki

**CONTINUED FROM PAGE 1C** 

when they are first learning to talk, but when the errors persist later in childhood it could present a struggle.

"It can hold them back socially and academically. It can also cause problems in the future when they're looking for a jobs," said Jennifer Andrews will be working with the children this

The program is currently taking applications for children to take part lasts for four weeks and begins July 6. continue. Its goal is to help correct articulation

impairment.

The boot camp features both intensive individualized and group exercises. They'll start the day with a few moments of social chatting, then move on to a group warm-up activity and then drills with their "drill sargent." The drills, along with peer interaction of several summer programs offered during the summer camp help the children in their progression.

Participants enjoy Zumba along the Erie Canal during last

from Lewiston, another student who other. They all end up being advocates and cheerleaders for each other," Felsenfeld said.

Once the summer program is over, Felsenfeld says parents play a key role in this summer's session. The session in helping their children's progress

"We get them started, but usually 829-2797.

it's not going to be enough to fix the problem," Felsenfeld said. "We will often send the kids home with lists and materials for them to practice at home. They've got a good start, but we've got to keep the kids going."

The Articulation Boot Camp is one by the University at Buffalo Speech and Language Mini Camps 2015. Some "It's nice to see the kids helping each of the other camps include the Language Focused Preschool Program, Communication Cafe for Older Teens and Listening to Learn Skill Building

For more information, email UB's Department of Communicative Disorders at: cdsdept@buffalo.edu, or phone

## Los Angeles Times Sunday Crossword Puzzle

Edited by Rich Norris and Joyce Nichols Lewis

## "MS." By JASON MUELLER

- ACROSS
- 1 Straw 5 Immunization
- letters 8 Duped in a
- good way? \_ Zero
- 16 They have Red Velvet and
- Watermelon varieties
- 18 Many a surfer
- 20 Norse trickster 21 Chennai's
- continent
- "Silkwood" star 24 Zira and
- Cornelius, in a
- 1968 film 25 Auction units
- 26 ATM necessity Women's World 115 Discontinued
- Golf Rankings
- sponsor
- 28 "Frankenstein" author
- Polish-German border river 33 Hunters' outfits,
- briefly
- 35 Seaman
- 36 Different
- 37 Counselor Troi portrayer on 'Star Trek:
- T.N.G. 40 Conditional
- words 42 Pin surface 45 Costa del
- 46 Film franchise with a mammoth
- named Manny 48 Place
- 49 Nonletha weapon
- 52 Tennis star with five Grand Slam
- titles 56 Chemical
- ending 57 Oregon
- 60 Flashing light Host of a spin-
- off of "The Apprentice'
- 66 Flashiest 70 Arab VIP
- 71 Point to pick
- \_ mater 73 "To Kill a
- Mockingbird" sibling
- 74 West Point inits. 75 Bygone
- 77 Toon with a
- pacifier "One Flew Over the Cuckoo's Nest" author

5/31/15

- 120 Jean Brodie 83 Hosp. test 84 Early advocate creator 123 Port, for one of birth control
- 90 Pasadena 124 To be, in Paris parade posies 125 Utter "Permit Me 126 Bottled spirits Voyage" poet 127 123-Across 93 Hercules bicycle
- 128 Back talk 94 Billings-to-Helena dir
- one million 95 Brown in Calif., 130 NCAA part: Abbr.
  - accessory 2 Frozen food
  - brand 4 See 79-Down
  - Music" song

  - 7 Summer top 8 Santa 10 out a living

11 Menu listings

12 Judgments

- 13 Italian source of
- category
- 129 Moroccan city of
- **DOWN**
- 1 Cheerleader's

- 6 Hammer used to test reflexes

- 3 Loewe's lyricist
- "The Sound of
- 9 Legal protection
- the melody for 55 Dhabi 58 Acrimony "It's Now or Never' 59 So to speak 14 Toy with a tail 62 Slog 63 New Deal org.

54 Certain sharer

64 2008 bailout

65 Cleaning aid

quartet

69 Sharp tastes

68 Fire sign

Abbr.

73 Taunt

beneficiary

- 15 Like pie? 17 35mm camera type
- 18 Map site
- 19 Turntable stat Troians' region, 23
- familiarly 29 Confused "Strange Magic"
- gp. 32 Ascend 34 Agitate
- 38 Irangate figure 39 Here, to Henri 41 Bold
- Four-wheeler, for short Leaves in a bag
- D.A 48 Went faster
- 49 Like some tests "I Got 50 Croce hit 51 Font flourish

52 Diamond need

53 Pale

- 77 Phoenix suburb 78 He bested Adlai 79 With 4-Down, "The Thin Man" co-star Breaks on the 81 road
  - 84 E-85 Earlier 86 Spooner, for
  - 87 Mgmt. 88 Opposite of

paleo-

91 Has title to 94 Cheese shape 96 Mac alternatives

89 Winner's prize

- 97 Scholarship founder 99 Fictional symbol
- of brutality 100 Elis 101 Show of scorn 67 Massachusetts
  - 102 Rvan and Bushnell
  - 103 God wed to his sister 104 Place setting
- 76 Charlton Heston once led it: item 106 Strains 108 Nibbles
  - 111 Bryn \_\_ College 112 Netman Nastase 113 Moreno with
    - Emmy, Grammy, Oscar
    - and Tony awards 114 Meditation
    - syllables 116 Flavor enhancer
    - 121 TV dial letters
    - 122 Princess' bane

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positive. You won't go wrong if you stick to what you do best. Don't let criticism or negative comments

SAGITTARIUS (Nov. 23-Dec.

By Eugenia Last

competition. Don't give up when dreams a reality.

Don't beat your head against a

breath and walk away.

ing guilty.

VIRGO (Aug. 23-Sept. 22) - Don't go along with what everyone else is doing. Stand up for your beliefs. Frustration will result if you don't make your feelings known. Love is in a high cycle.

ousy is apparent, so protect your

21) - An overemotional state of

## **TODAY'S HOROSCOPES**

**HAPPY BIRTHDAY TODAY!** Your insight will help you avoid manipulative people. Self-discipline and drive will keep you on track. Keep up with the latest technology in order to have a leg up on the

you are so close to making your CANCER (June 21-July 22) Regardless of the topic, there are some people you can't convince no matter what you say.

wall. Agree to disagree, save your LEO (July 23-Aug. 22) – Learn to say no. Don't allow others to take advantage of you, and avoid undue stress and conflicts. Do what is best for you without feel-

**LIBRA (Sept. 23-Oct. 23)** – Be

SCORPIO (Oct. 24-Nov. 22) - Let your creativity shine. A new enterprise will stimulate your imagination. Keep your views to yourself to avoid an awkward misunderstanding. Plan a roman-

influence your decisions. Jeal-

mind will lead you to make bad choices. Think twice before you take action. Bide your time until

you are in a good position to win. CAPRICORN (Dec. 22-Jan.

19) - Avoid neglecting the people closest to you. Take part in activities with your loved ones, or hand out and share memories. It is your undivided attention that will make the difference.

AQUARIUS (Jan. 20-Feb.

19) - Take the plunge. Stop spin-

ning your wheels. Don't wait for someone to come along and take over. The changes that need to be made are up to you. PISCES (Feb. 20-March 20) - You've got all the right moves. With your good humor and sense of fun, you will bring

joy to everyone you meet. Don't

be afraid to be a little differ-

ent. Love and romance are encouraged. ARIES (March 21-April 19) - Get your personal paperwork in order. You may have missed an important detail that could cost you at a later date. An elderly relative will look to you for assistance. Romance is

TAURUS (April 20-May 20) -

Be patient and don't let anyone

or anything get to you. Tempers

at home will be short, so get out

and do things you enjoy with a

close friend. GEMINI (May 21-June **20)** – Don't hold yourself back. If you are unhappy with your current situation, you are best off making a move. The changes you make now will turn your life

## **ANSWER TO TODAY'S PUZZLE**

highlighted.





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